

The Strengths of You and I

Fun for all ages

Recommended for play with 2 or more players

INITIAL GAME SET-UP

Materials to gather:

- Scissors
- Tape
- PDF game sheet (printed out)
- Six popsicle sticks
- Small cup (to hold popsicle sticks)

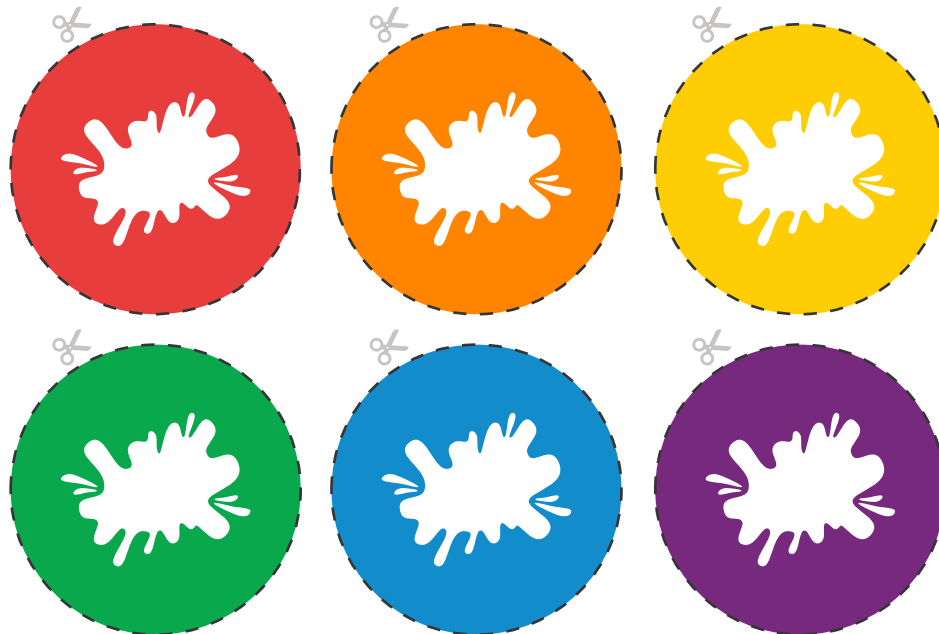
Let's get started!

Individually cut out the six circular labels on the game sheet PDF and attach one at the end of each popsicle stick.

Place the popsicle sticks, label side up, into a small cup.

Set the instruction/prompt sheet in a location that all players can access it.

You're ready to play!



The Strengths of You and I

The uplifting game of sharing the strengths we see in others, as well as within ourselves.

Taking turns, each player will close their eyes and select a labeled popsicle stick. Next, they will match the popsicle with a color-coded prompt. Once completed, they must return the popsicle stick and the next player may begin their turn.

Tip- If a player is stumped or having trouble sharing, fellow players are encouraged to help them out!

Warm colors (Your strengths)

Red

"I am..."

Orange

"I can..."

Yellow

"I like..."

Cool colors (The strengths of others)

Green

"You are..."

Blue

"Thank you for..."

Purple

"A time when you helped me (or someone else) was..."